

Sugar A Bittersweet History

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sugar offers a compelling and surprising look at the sweet commodity from the ways in which it africanized the cane fields of the caribbean to how it fueled the industrial revolution and jump started the fast food craze

a revealing history of our passion for sugar and the medical moral environmental and economic price we pay for it a dark history of sugar delves into our evolutionary history to explain why sugar is so loved yet is the root cause of so many bad things europe s colonial past and the british empire were founded and fueled on sugar as was the united states the greatest superpower on the planet and they all relied upon slave labor to produce it as this book shows the exploitation of the workers didn t end with emancipation it also reveals the detrimental impact of sugar s meteoric popularity on the environment and our health delving into our long relationship with this sweetest and most ancient of commodities renowned food historian neil buttery takes a look at some of the lesser known elements of the history of sugar delving into the murky and mysterious aspects of its phenomenal rise from the first cultivation of the sugar cane plant in papua new guinea in 8000 bce to its integral part of the cultural fabric of life in the west at whatever cost the dark history of sugar is one of exploitation of

slaves and workers of the environment and of the consumer wars have been fought over it and it is responsible for what is potentially the planet's greatest health crisis and yet we cannot get enough of it for sugar and sweetness has cast its spell over us all it is comfort and we reminisce fondly about the sweets cakes puddings and fizzy drinks of our childhoods with dewy eyed nostalgia the very word sweet is used as a synonym for good and innocent in this book neil buttery argues that sugar is nothing of the sort

from the ancient grain fields of ethiopia to the bustling street food markets of lagos from traditional clay pot cooking to modern fusion cuisine flavors of the motherland takes readers on an extraordinary culinary journey through the rich and diverse world of african cuisine drawing from decades of research across the continent this groundbreaking work reveals how africa's culinary traditions have profoundly shaped global food culture in this comprehensive exploration of how african food has influenced global culinary trends dr alexandra thornton masterfully weaves together history culture and gastronomy to illuminate the remarkable impact of african ingredients techniques and flavors on the world's food landscape through meticulous research and vivid storytelling she uncovers how traditional african cooking methods and ingredients have not only survived centuries of change but have evolved to influence contemporary cuisine worldwide discover how the humble grain of paradise from west africa transformed medieval european cooking how african superfoods like moringa and baobab are revolutionizing modern nutrition and how ancient fermentation techniques from the continent are inspiring today's most innovative chefs from the surprising origins of soul food in america to the explosion of african fusion cuisine in global capitals this book illuminates the remarkable journey of african culinary traditions across time and continents through compelling storytelling and expert analysis readers will explore the ancient roots of african cuisine and its evolution through millennia how the transatlantic slave trade forever changed global food culture the rise of african ingredients in contemporary gastronomy the innovative african chefs reshaping modern cuisine the future of african food in an increasingly connected world traditional preservation techniques and their modern applications the role of spices and seasonings in shaping cultural identity the emergence of pan african cuisine in the 21st century dr thornton takes readers behind the scenes of bustling markets into traditional home kitchens and through the doors of innovative restaurants to reveal how african cooking techniques ingredients and flavors continue to shape how we eat today from the aromatic spice markets of morocco to the wine lands of south africa from ethiopia's ancient coffee ceremonies to ghana's innovative chocolate industry each chapter unveils new layers of culinary complexity and cultural significance flavors of the motherland also examines crucial contemporary issues food sovereignty and agricultural sustainability the preservation of traditional foodways in a globalized world the role of women in african culinary traditions climate change and its impact on african agriculture the economics of african food systems perfect for food historians and culinary researchers professional chefs and cooking enthusiasts students of african studies and cultural history food industry professionals and entrepreneurs food writers and critics global cuisine enthusiasts cultural heritage preservationists flavors of the motherland is more than just a food history book it's a vital contribution to our understanding of how culinary traditions shape cultural identity economic development and social change through stories of traditional recipes innovative chefs and cultural preservation readers will gain a newfound appreciation for the vital role african cuisine plays in the world's food culture

an exploration of the relationship between plants and people from early agriculture to modern day applications of biotechnology in crop production plants and people origin and development of human plant science relationships covers the development of agricultural sciences from roman times through the

development of agricultural experiment station

an entertaining informative and utterly depressing global history of an important commodity by alerting readers to the ways that modernity's very origins are entangled with a seemingly benign and delicious substance how sugar corrupted the world raises fundamental questions about our world sven beckert the laird bell professor of american history at harvard university and the author of empire of cotton a global history in the new york times a brilliant and thought provoking history of sugar and its ironies bee wilson wall street journal shocking and revelatory no other product has so changed the world and no other book reveals the scale of its impact david olusoga this study could not be more timely laura sandy lecturer in the history of slavery university of liverpool the story of sugar and of mankind's desire for sweetness in food and drink is a compelling though confusing story it is also an historical story the story of mankind's love of sweetness the need to consume honey cane sugar beet sugar and chemical sweeteners has important historical origins to take a simple example two centuries ago cane sugar was vital to the burgeoning european domestic and colonial economies for all its recent origins today's obesity epidemic if that is what it is did not emerge overnight but instead evolved from a complexity of historical forces which stretch back centuries we can only fully understand this modern problem by coming to terms with its genesis and history and we need to consider the historical relationship between society and sweetness over a long historical span this book seeks to do just that to tell the story of how the consumption of sugar the addition of sugar to food and drink became a fundamental and increasingly troublesome feature of modern life walvin's book is the heir to sidney mintz's sweetness and power a brilliant sociological account but now thirty years old in addition the problem of sugar and the consequent intellectual and political debate about the role of sugar has been totally transformed in the years since that book's publication

an essential tool for assisting leisure readers interested in topics surrounding food this unique book contains annotations and read alike for hundreds of nonfiction titles about the joys of comestibles and cooking food lit a reader's guide to epicurean nonfiction provides a much needed resource for librarians assisting adult readers interested in the topic of food a group that is continuing to grow rapidly containing annotations of hundreds of nonfiction titles about food that are arranged into genre and subject interest categories for easy reference the book addresses a diversity of reading experiences by covering everything from foodie memoirs and histories of food to extreme cuisine and food exposés author melissa stoeger has organized and described hundreds of nonfiction titles centered on the themes of food and eating including life stories history science and investigative nonfiction the work emphasizes titles published in the past decade without overlooking significant benchmark and classic titles it also provides lists of suggested read alike for those titles and includes several helpful appendices of fiction titles featuring food food magazines and food blogs

document from the year 2018 in the subject english language and literature studies literature grade 2 3 cardiff university course english literature language english abstract brother jacob shows an example of the representation of sugar in a small town in britain itself whereas the journal of a west indian proprietor rather represents the sugar production and life on the plantations in the colonies this essay will look at different representations of sugar in the two works and will compare them to each other there is something about sugarcane he isn't what he seem at first sight the sweet pleasure of sugar as we know it today and as we use it in our every day life might seem nothing but that an innocent pleasure but in times of the british colonies where the history of sugar begins it was so

much more than that the background of sugar is marked by oppression and violence george eliot's brother jacob and matthew lewis journal of a west india proprietor are just two examples of literature which tell us about the representation of sugar and which make it clear that sugar isn't what it might seem both books have been released in the 19th century with one difference though brother jacob was written after the emancipation act took place whereas lewis journal was written years before the two stories show different representations of sugar under the light of slavery and colonialism since the 17th century sugar plantations in the west indies were the main source of work and profit as the west indies were british colonies many british businessmen became plantation owners their slaves worked under different conditions for their masters most of them suffering a lot but when the sugar was imported into great britain nothing reminded about the brutal way in which it was produced anymore on july 28 1833 the emancipation act was passed in england to take effect on august 1 1834 but it emancipated only children under six and apprenticed domestic and non field workers to their former masters for a period of four years and plantation workers for six years this was a huge step against slavery but still the slaves had to stay on the sugar plantations and some of them still worked under bad conditions

young truman capote thought life in new york city was going to be perfect but things didn't work out as planned in fact tru is downright miserable so he decides to run away to monroeville alabama and the only friend he's ever had nelle harper lee but things don't go well there either bad things seem to happen wherever he goes the only explanation he must be cursed christmas is coming and tru's only wish is to be happy but it'll take a miracle for that to come true luckily a special feast brings the miracle he's hoping for tru and nelle a christmas tale is based on the real life friendship of truman capote and harper lee

a rich source for understanding jewish diversity in america israel and other societies in the 21st century

when did the british government become the world's largest drugs pusher what tree is frequently used to treat cancer which everyday condiment is the most widely traded spice on the planet plants are an indispensable part of our everyday life from the coffee bush and grass for cattle which give us milk for our cappuccinos to the rubber tree which produces tyres for our cars our lives are inextricably linked to the world of plants taking us on a chronological journey stephen harris identifies fifty plants that have been key to the development of the western world discussing trade politics medicine travel and chemistry along the way plants have provided paper and ink chemicals that could kill or cure vital sustenance and stimulants some such as barley have been staples from earliest times others such as oil palm are newcomers to western industry moreover with time uses change beets which have been used variously as a treatment for leprosy source of sugar and animal feed are now showing potential as biofuels what may the future hold for mandrake or woad we remain dependent on plants for our food our fuel and our medicines their effects on our lives as the stories in this wide ranging and engaging book demonstrate continue to be profound and often unpredictable

this book describes how dutch immigrants became commercial farmers in the canadian province of ontario it addresses the broader question of why the dutch have an international reputation as successful farmers and the critical implications of such positive stereotyping

the arrival of immigrants on america s shores has always posed a singular problem once they are here how are these diverse peoples to be transformed into americans the americanization movement of the 1910s and 1920s addressed this challenge by seeking to train immigrants for citizenship representing a key element of the progressives search for order in a modernizing america frank van nuys examines for the first time how this movement in an effort to help integrate an unruly west into the emerging national system was forced to reconcile the myth of rugged individualism with the demands of a planned society in an era convulsed by world war and socialist revolution the americanization movement was especially concerned about the susceptibility of immigrants to un american propaganda and union agitation as van nuys convincingly demonstrates this applied as much to immigrants in the urbanizing and industrializing west as it did to those occupying the ethnic enclaves of cities in the east in americanizing the west he tells how hundreds of bureaucrats educators employers and reformers participated in this movement by developing adult immigrant education programs and how these attempts contributed more toward bureaucratizing the west than it did to turning immigrants into productive citizens he deftly ties this history to broader national developments and shows how westerners brought distinctive approaches to americanization to accommodate and preserve their own sense of history and identity van nuys shows that although racism and social control agendas permeated americanization efforts in the west americanizers sustained their faith in education as a powerful force in transforming immigrants into productive citizens he also shows how some westerners especially in california believed they faced a racial frontier unlike other parts of the country in light of the influx of hispanics and asians so that westerners became major players in the crafting of not only american identity but also immigration policies the mystique of the white pioneer past still maintains a powerful hold on ideas of american identity and we still deal with many of these issues through laws and propositions targeting immigrants and alien workers americanizing the west makes a clear case for regional distinctiveness in this citizenship program and puts current headlines in perspective by showing how it helped make the west what it is today

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